

Community Programs – Food and Essential Resources

BREAD RUNS

Distribution of free day-old bread, pastries, vegetables, and grocery items. Availability is dependent on community donations.

Moravian Church

9540 83 Ave NW
Edmonton, AB T6C 1B9
(780) 439-1063
*Office hours: Tuesday-Thursday
12-4 pm.*
www.edmontonmoravian.com/communication

Mill Woods United Church

15 Grand Meadow Cres
Edmonton, AB T6L 1A3
(780) 463-2202
*Food distribution Saturday from
8:30-9:30 AM.*
www.millwoodsunited.org/overview

St. Theresa's Catholic Church

7508 29 Ave NW
Edmonton, AB T6K 3Y8
Phone: (780) 463-8646
*Food distribution Tuesdays &
Thursdays at 5 PM.*
www.sttheresa.caedm.ca/contact/

Southside Church of The Nazarene

10712 29 Ave NW
Edmonton, AB T6J 5H7
(780) 437-2217
*Food distribution Sundays at 9 AM.
Must live within the area.*
www.southsidenazarenechurch.ca/

FOOD BANKS & RESOURCES

Calvary Community Church

8704 Mill Woods Rd NW
Edmonton, AB T6K 3J3
780.462.8444
Food and clothing bank
www.carecloset.ca/

Edmonton Food Bank

Phone: 780-425-4190
*Call between 8:30 AM - 4 PM to
arrange a food hamper.*
www.edmontonsfoodbank.com/
www.edmontonsfoodbank.com/need-help/hamper-order/

The Salvation Army

9115 75 Street NW
Edmonton, AB T6C 4L3
(780) 469-6846
www.salvationarmy.ca/services-faq

ICNA Edmonton (Islamic Circle of North America)

3442 93 St NW,
(780) 988-2239
*Provides food for individuals and
families who are struggling with
food insecurity.*
www.icnareliefcanada.ca/

Trinity Lutheran Church

10014 81 Ave
(780) 433-1604
*Food bank. Call on Monday 6-7 pm
for a food hamper.*
www.trinity-lutheran.ab.ca/local-community

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Sikhs For Humanity Food Bank

4954 Roper Road (back side)
*Grocery hamper available every
Sunday 11:00 AM to 1:00 PM*

First Mennonite Church

3650 91 Street NW
Edmonton, AB T6E 6P1
780-436-3431
*Grocery Gift Card assistance once
every 12 months.
Please call the first working day of
the month.*
www.edmontonfirst.mcab.ca

Bethel Gospel Chapel

11461 – 95 Street NW
Edmonton, AB T5G 1L3
780-477-3341
*Bethel Pantry is open every
Monday afternoon (except
Holidays) from 3:00-5:00 pm on a
first come, first served basis. Bring
your own bags.*

Grace Fountain Gate Chapel

7208-101 Avenue
Edmonton, AB T6A 0J1
(780) 802-9810
*Every Tuesday from 5 to 6 pm we
invite members of the community
in need to stop by the church
premises for food packages.*

Church of Pentecost

13143 – 156 Street NW
Edmonton, AB T5V 1L3
(780) 455-4478
*Food pantry is open every
Saturday from 11:00 am until we
run out of food.*

AFFORDABLE GROCERIES:

Alice Produce Garden

3232 82 St NW
(780) 450-0122

H&W Produce

9261 34 Ave NW #31
(780) 436-7970

WEBSITES TO ACCESS ADDITIONAL FOOD RESOURCES

211 Alberta

Find programs and services in our
community.
www.ab.211.ca

Free Food In Alberta

[www.albertahealthservices.ca/nutri
tion/Page16163.aspx](http://www.albertahealthservices.ca/nutrition/Page16163.aspx)

Health For Two

780-735-3008
[www.albertahealthservices.ca/findh
ealth/Service.aspx?id=5807](http://www.albertahealthservices.ca/findhealth/Service.aspx?id=5807)

Facebook:

Edmonton Free and Helping Hands Group

The Guiding Light

Empowerment Society. *We
have a variety of Food Hamper
events. Check our Facebook page
for details.*